



the casa coolio team

Dayu helps manage Casa Coolio. If there is anything you need during your stay or any questions you may have about Casa Coolio please feel free to contact Dayu at any time. Dayu's phone number is: +62 857 3732 2190





Nyoman is our eco-tech officer and a wonderful teacher and guide. Feel free to discuss the eco-features here or ideas for doing some touring in the area, Nyoman will be happy to guide you on a variety of fascinating activities.

Mbok Ketut is from this area (Banjar Sumampan) and one of our housekeepers. She is on site here most days and available to help you with your household needs. She is a lovely local lady whose smiles are always a true pleasure.





Eni is from Java. She first came to Taman Petanu with her husband who built much of beautiful woodwork you see here at Casa Coolio. Eni is our part time housekeeper and she is also available to help you with household needs.

Pak Irman is our driver. Generally he can be found up at the front of Taman Petanu (unless he is on the road). please feel free to contact Dayu to book use of the car as she keeps the schedule clear, Pak Irman's phone is: +62 812 3664 1141





food, drinks & supplies



Drinking water: The tap water here at Casa Coolio is filtered rainwater & good to drink - you can even drink from the shower:)

Meals: For breakfast you can usually find eggs, bread, jams and fruits in the kitchen. Sometimes lunch or dinner is cooked by our family or our staff. If you use our kitchen supplies / groceries, and / or eat cooked meals please we appreciate it if you contribute to costs and note any items that are running low on the blackboard in the kitchen so we can be sure to restock. You can also order delivery meals from a number of local restaurants. Here're some of our favorites:

- Bali Buddha (healthfood) menuwww.balibuda.com/menu call: (0361) 976324
- Taco Casa (mexican) http://tacocasabali.com call : +62 812 2422 2357
- Local fair: see the a la carte menu further on in this guide
- Ubud Food Delivery Service (lists over 30 differenent local restaurants and their individual delivery numbers) www.ubudfooddelivery.com

Our Address: Rumah Ibu Petra di Taman Petanu, Banjar Sumampan, Desa Kemenuh.

Shopping assistance: If there is something you'd like to have bought for you (food, toiletries, medicine, phone cards, phone credit etc), just give Dayu a clear written shopping list. We will ask a small contribution to cover the pick up cost.

Other shopping options: See www.ubuddirect.com for a great selection of healthy goods - deliveries usually take about 24 hours. Please be here to collect and pay for your order when it arrives and / or notify our staff so they can pay for the goods when the order arrives. If you would like to go shopping yourself you are welcome to hire any of our transport services, see the sheet further in this guide for options.



transportation

The Casa Coolio team has a few transportation options you can choose from including e-bikes, scooters, bicycles for hire and a driver and car that are usually available (depending on the number of people staying at any one time).

How to book transport: Please speak to Dayu about bookings. Further details about the available options are listed in the transportation options section of the guide.



housekeeping



Kitchen, gardens and other common areas : If you are not able to do your dishes, please at least make sure to clean up after yourself, wipe down the tables and place dirty dishes in the sink so our home stays clean and we don't attract insects and rats into the house. Food scraps should be placed in the compost.

Rooms & bathrooms : Please keep your room tidy. If your bathroom is shared-use be sensitive to others and clean up after yourself.

Linens & laundry: Extra linens & blankets are available. You can request laundry service for a small fee, or there are laundromats in neighboring villages. Small items like socks and underwear sometimes go missing in the shuffle, so keep track of what you give and what comes back - turn around time is usually around 24 hours as we only use sun drying here. Please keep towels dry. We change bed linens usually once a week when rooms are cleaned, just let us know if you feel it's time.



- We use rainwater, so if it's not rainy season: please take quick showers, turn off the tap while you brush your teeth / wash dishes, and be conscious about how much water you're using.
- No matter the weather: turn off any unnecessary lights, fans and electronics.
- **Solid wastes where they belong** there's a compost bin in the counter next to both kitchen sinks for organic scraps, you can give scraps to Bello, our Retriever in a dish outdoors. Use separate bins for paper and one for other recyclables.
- Please limit your soap and other personal care products to biodegradable or earth friendly soaps, shampoos, etc as our greywater gets used in the garden.
- **Cloth shopping bags** are available, feel free to make use of them, and please help us continue to remind our staff to use them when they do shopping for you, and the importance of reducing use of plastic bags.
- We have some issues with our solar hot water heater and we apologize if hot water is not available at some times If you come across any maintenance issues or breakage during your stay, please note the issue on the blackboard or discuss with Nyoman so we can follow up repairs... thanks!
- Please don't feed the monkeys! The river banks is home to several families of Macaques, found throughout Bali including at the Ubud Monkey forest.



activities



WiFi internet: Our internet connection is used for work so please don't overload it by downloading movies or skyping during the day. If you need to download a large file, or have an important skype - check to make sure it doesn't conflict with other needs at that time. The WiFi network is: **Coolio Guests** • **password** : **coolioguest123**

Local cultural and eco tours: Feel free to have a look at the various local cultural and eco-tours listed in the back of this book.

The Casa Coolio media library: We've assembled a pretty awesome selection of films which you can access via the network and download onto your computer to view. There's some great documentaries about Indonesia in there if you're looking for some traveling / learning inspiration. Log onto the network and look for the shared MEDIA Server - in there you'll find our library of books, music, and films.



kids at Casa Coolio

Please be fully responsible for your children. There is a small playground available between the pool and amphitheater, however please make your children aware that they should not leave the Casa Coolio property without shoes. Please don't leave your children unsupervised, especially by the pool area (we don't have a lifeguard).

Fun stuff: We have art supplies and toys for younger children, for older children, there are games and puzzles in our library room. Please do be careful to not lose any of the pieces of the games or puzzles and to pack them back up, and put them away where you found them. There's also plenty of great children's films in our media library.

Babysitting: If you would like to arrange babysitting services, please speak to Dayu.

mobility on site



Accessibility: Both Taman Petanu and Casa Coolio's ground floor are set up for wheelchair accessibility. Taman Petanu has a wheelchair that is available for hire, as well as removable wheelchair ramps that can be used for access to the upper cafe and pool deck - speak to the front office about use of any of these accessibility tools. We also have crutches if needed, just ask the office staff where they are located.



etiquette @ TPEN



Local culture: Please be sensitive of the Javanese and Balinese workers. Around Taman Petanu please keep your body reasonably covered (i.e. don't walk around in bikinis etc) as for them, as such displays can make them quite uncomfortable.

Inviting people over: As a dynamic, eclectic family, with a wide network of friends, when opening our home up we also hope to maintain our family life at Casa Coolio. Generally, we're not comfortable with strangers in our home, so please don't have meetings or gatherings at any of the private areas of Casa Coolio. Taman Petanu has a variety of spaces that you can usually make use of for this function.

Using the Taman Petanu common facilities: Casa Coolio is one of the soon-to-be 17 homes at the TPEN. The neighborhood is a collective of all the homeowners here. The common facilities can be used, so long as it doesn't infringe on comfortable access of home owners. Please be sensitive when using the biopool or other shared TPEN facilities by giving priority to TPEN home owners, keeping intrusive noise down, and leave any areas clean when you are done. Please follow the BioPool guidelines posted at the pool area. If you want to use the TPEN common facilities for meetings or gatherings, please check with TPEN staff on the best space, or arrangements. Thanks!

The (kinda obvious but we'll mention them just in case) house rules

- 1. No illegal drugs, firearms or weapons of any kind
- 2. Smoking is permissible only in outdoor areas
- 3. Respect everyone in the home including pets (but don't let cats get on tables)
- 4. Please don't leave poop in the pee hole in our urine diversion toilets :)



safety & security

Security & parking : Taman Petanu has night security, generally found at the security post at the front entrance. Please follow instructions when parking in the parking lot.

Please take care of your own valuables: as we cannot be held responsible for any damages or losses. There is a safe located in the Taman Petanu front office you can make use of, simply register your valuables with the Taman Petanu office team.

In the unlikely case of any emergency: such as fire, earthquake, theft etc. follow any instructions given by the Taman Petanu Security team or other Taman Petanu staff explicitly. We don't yet have fire extinguishers on site, so please be very careful. First Aid Kits can be found in both the Taman Petanu front office and the Casa Coolio office.



storage · lost & found



Long-term storage: We're can store items (within reason) but we appreciate your understanding that we cannot take responsibility if anything happens to them while you aren't here. Please place items in a bug / rodent proof container (with silica gel) and speak to Dayu about the best place to store them.

Lost & found: If you find you are missing something let Dayu know and we will do our best to locate them but we appreciate your understanding that we cannot take responsibility for any lost items.



contributions & gratitude

Thank you for being here, joining the tribe and helping to make the sharing of our space copacetic for everyone involved. We hope you really enjoy your stay.

We will provide you with an invoice for your stay at Casa Coolio and any items or services while you were here. If you have any questions about that just let us know.

Cash contributions: can be given to Dayu, or if she is not available, Petra

PayPal: to payments@AlamSantiDesign.com

Bank transfers: can be coordinated with Dayu at dayu@AlamSantiDesign.com

Exchanges: If cash is tight and you want to contribute with time and inspiration we are open to that. There are various activities we would appreciate help with, including:

- Get groceries and use them to make meals here while teaching your favorite recipes to our staff, note we are especially interested in learning more about healthy baked goods, pickles, dehydrated snacks, dips and frozen meals
- Working with Nyoman to document some of our eco-tech on site
- Helping Nyoman & Dayu to promote their cultural eco-tours initiative

Feedback: Please share your ideas on how you feel we could make your stay better. We would love to add your wisdom:) we hope you have a wonderful stay in Bali.

Finally, a note about the Taman Petanu Living Classroom Project

Taman Petanu is developing a community outreach program called the 'Living Classroom', which will provide educational activities related to the environment. Check out www.tamanpetanu.com/local-community-outreach/living-classroom-program, and if you would like to learn more or contribute to this wonderful initiative please do let the Taman Petanu team know! Thanks:)



our guests services

Registration with local authorities

Rp. 50,000 • \$4 / per stay

Room cleaning service

Rp. 140,000 • \$10 / time

Note: free of charge cleaning of our rented rooms will happen 1 x per week

Laundry (air dried & ironed)

Shopping or courier service

Rp. 65,000 • \$5 / max 1 load

Rp. 65,000 • \$5 / person / meal

Rp. 65,000 • \$5 / trip

Shared meals prepared by our staff
Please feel free to order restaurant deliver

Please feel free to order restaurant deliveries or see the a la carte menu for other options

Babysitting

Rp. 65,000 • \$5 / hour

Guided cultural & eco-tours

Rp. 140,000 • \$10 / person / hour

Please have a look at the great options listed in the Casa Coolio Handbook

Rp. 150,000 • \$12 / hour

Balinese Massage

There are several options for relaxing spa treatments listed in the Handbook

Family personal guests contribution

- Ty. 100,000 \$127
- WiFi Access (see login below)Use of utilities & facilities
- Room cleaning
- Self-help breakfast

Rp. 160,000 • \$12 /day

for more info or assistance...

Dayu: mobile. +62 857 3732 2190 or e-mail: CasaCoolio@AlamSantiDesign.com

For Wi-fi Access: Network... Coolio Guests • password: coolioguest123

Like to make a donation to the Living Classroom? Discuss with Dayu... & Thank you!



transportation options

Vehicle Rentals (min one day)

e-bikes (electric bike) - with lock Rp. 100,000 • \$8 / day

Scooter motorbike - with helmet Rp. 65,000 • \$5 / day

Bicycle - with lock Rp. 25,000 • \$2 / day

Please fill in our vehicle rental agreement at time of booking any items.

Car with driver (one way)

Ngurah Rai Airport Rp. 300,000 • \$23 / trip

Ubud Rp. 80,000 • \$6 / trip

Other destinations Rp. 150,000 • \$12 / hour

Local service alternative (similar to Uber) for local drivers with motorbike

Download the go-jek app onto your mobile device

for more info or assistance...

Dayu: mobile. +62 857 3732 2190 or e-mail: CasaCoolio@AlamSantiDesign.com

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a la carte food menu

Vegetarian

Rp 15,000
Rp 18,000
Rp 15,000
Rp 15,000
Rp 15,000
Rp 15,000
Rp 7,500
Rp 7,500

Non-Vegetarian

Nasi campur ayam • Rice with veggies & chicken	Rp 15,000
Nasi babi guling • Rice with sucking pig	Rp 22,500
Nasi padang ayam • Rice chicken & sumatran delicacies	Rp 24,000
Nasi padang rendang • Rice beef & sumatran delicacies	Rp 24,000
Nasi padang tuna • Rice tuna & sumatran delicacies	Rp 24,000
Nasi goreng ayam • Fried rice with chicken	Rp 15,000
Sate kambing • Mutton skewers with peanut sauce & rice	Rp 15,000
Gulai kambing • Mutton curry soup	Rp 15,000
Bubur Bali • Balinese rice porridge	Rp 7,500

please note...

Many indonesian dishes include some MSG (especially nasi padang) • please place your order at least 30 mins prior - thanks! *We generally order lunch at 11 am & dinner at 4 pm*

CONTACT • Dayu: mobile. +62 857 3732 2190 or e-mail: CasaCoolio@AlamSantiDesign.com



a la carte drinks menu

Jus Segar & Teh Herbal • Fresh Juices & Herbal Ice Teas

Es teh daun serai • Lemongrass ice tea	Rp 7,500
Es soda daun serai • Lemongrass soda	Rp 10,000
Jus min jeruk nipis • Fresh mint & lemon	Rp 7,500
Jahe, jeruk, madu • Ginger, lemon & honey	Rp 10,000
Jamu kunyit • Tumeric lemon, honey tonic	Rp 10,000
Jus alpukat • Avocado juice	Rp 10,500
Jus jeruk • Orange juice	Rp 7,500
Jus mangga • Manggo juice	Rp 9,000
Jus pepaya • Papaya juice	Rp 7,500
Jus semangka • Watermelon juice	Rp 7,500
Es campur • Ice with syrup & fruits	Rp 7,500
Es teler • Sweet coconut drink	Rp 7,500
Kelapa muda • Young coconut water	Rp 12,000

Minuman lain-lain • Other drinks

Teh Botol • Sweet jasmine botol tea	Rp 6,000
Coca cola, Sprite (can)	Rp 7,500
Tonic water, Soda water (can)	Rp 8,500
Small Bintang Beer	Rp 25,000
Large Bintang Beer	Rp 35,000
Rujak Buah •	Rp 8,000

When placing your order for juices & teas please specify:

with or without sugar (dengan / tanpa gula)

If you prefer your tea served hot, just let our staff know

Anything else you would like to have prepared for you feel free to discuss with our staff!

we always appreciate opportunities to learn new recipes from our guests!

please note...

Some of the ingredients are from our garden & some are takeaway • please place your order at least 30 mins prior - thanks! We generally order lunch at 11 am & dinner at 4 pm

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Blissful relaxing spa treatments







Balinese full body massage 1 hour treatment 1.5 hour treatment	Rp. 150,000 • \$11 Rp. 200,000 • \$15
Massage with herbal scrub 1.5 hour treatment	Rp. 300,000 • \$22
Deep hot stones massage 1.5 hour treatment	Rp. 200,000 • \$15
Reflexology foot massage 1 hour treatment	Rp. 150,000 • \$11
Pedicure with foot massage includes optional polish	Rp. 150,000 • \$11
Manicure with back massage includes optional polish	Rp. 100,000 • \$7
Facial Treatment with face & neck massage	Rp. 150,000 • \$11
Hair Spa Treatment Cream bath with neck massage	Rp. 180,000 • \$13
Waxing	
Eyebrows	Rp. 80,000 • \$6
Armpits	Rp. 80,000 • \$6
Half legs	Rp. 80,000 • \$6
Full Legs	Rp. 150,000 • \$11



Where? a your room at Casa Coolio a portable massage table will be brought to you

Rp. 80,000 · \$6



herbal treatments
are made from
100% natural
medicinal herbs &
spices used in Bali
for centuries

Bikini Line



indo vegetarian cooking class

Love Indonesian food & exotic and fragrant herbal ingredients and spices? Join us in our kitchen & learn a few traditional recipes. This is a must do activity for those whole love cooking, and want to bring home the knowhow for delicious dishes to your friends and family!

where? right here at Casa Coolio •

how long? usually about an hour, but up to you! •

what should I bring? a pen & notebook •

what you can expect: we'll introduce you to how to apply and prepare a range of unique flavors, using local ingredients (most of which also have medicinal properties). From curries to rice dishes to spicy and sour soups. You can try out a few variations of 'sambal' the Indonesian chili condiment that goes with pretty much every meal across the archipelago. We provide all ingredients, even some vegetables and herbs from our own garden!



We focus on vegetarian dishes unless there's a special request.









garden day at taman petanu

Enjoy getting your hands in the earth and making new local friends? Join us and the Taman Petanu team at our regular friday morning garden day activity, where we work together to make some improvements to the neighborhood's organic gardens.

where? at the Taman Petanu Gardens •

how long? about 1.5 hours - each friday about 8 am •

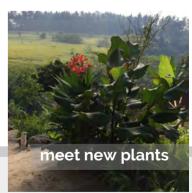
what should I bring? wear gardening clothes •

what you can expect: we will be working together as a group tending to the vegetable, herb and communal gardens in and around Taman Petanu. Depending on the day, we may do some weeding, clearing, making new garden beds, or harvesting. If you love feeling fresh earth on your hands, are interested in local species and gardening techniques, feel free to join us and learn about our chemical free, functional permaculture-based landscape.



Feel free to bring your bathers & have a dip in the bio-pool after gardening!









Goa Gajah · the 'elephant cave'

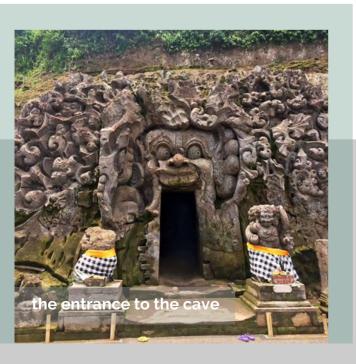
Interested in visiting one of Bali's sacred ancient temples? Join us for an exhilarating e-bike ride to one of Bali's most sacred temples. With many levels and fascinating structures to explore, Goa Gajah is one of the most intriguing, and most visited, temples on Bali.

where? in Bedulu - about 6 kilometers from Taman Petanu •

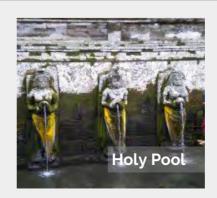
how long? we suggest 2 hours, but up to you! •

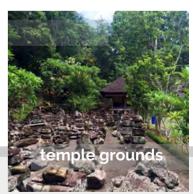
what should I bring? water bottle & sunhat •

what you can expect: your e-bike or scooter ride will take about 10-20 minutes, and once on site you will descend to the temple which is encrypted with Hindu symbols. This site offers a great opportunity to learn about Bali's religion, with Tri Murti, home to the 3 Hindu Gods, a Ganesha inside the cave itself and a series of holy pools, used for purifying gods. The ornate cave is memorizing and there is an abundance of breathtaking greenery and nature to enjoy. As you arrive at the temple entrance there's several vendor stands full of tourist treasures and local ibu-ibu (women) who would love to sell you a sarong and cold drinks.



If you don't have a sarong
and sash one will be
provided for you on site.









Dayu's Balinese offerings class

Ever wondered how the beautiful offerings you see all around Bali are made? Join our wonderful Dayu, who is a Balinese priest's daughter and has been making offerings all her life to learn the art & meaning of some of these incredible artistic spiritual expressions.

where? right here at Casa Coolio •

how long? we suggest an hours, but up to you! •

what should I bring? a camera to take photos •

what you can expect: Experience sculpting various offerings from pandan arum (local palm), young coconut leaf, stitched together with semat (bamboo stitching). Your teacher Dayu has been making offerings since she was just 4 years old! She is a master at this craft, and will explain and guide you through making various types - including the beautiful, but difficult, Tipat Dampulan. In Bali offerings like those you will learn how to make are placed on streets, doorsteps and Pelangkiran (elevated shrines). They connect people with the Gods, express gratitude, and in some cases are a symbol of the Gods themselves.



Please note offering making
uses sharp knives and due to
this it is generally not
recommended for children.









Tukad Petanu river trek outing

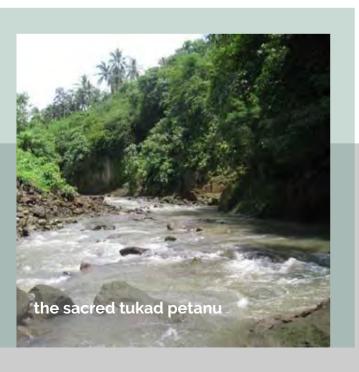
Looking for an amazing adventure in one of Bali's most sacred rivers? Join us for an unforgettable experience exploring, and if you wish and weather permits, swimming in the Petanu River, which is where the Balinese tradition of Galungan & Kuningan began.

where? in the river bed below Taman Petanu •

how long? about 2 hours, but up to you! •

what should I bring? water, clothes that can get wet, trekking footwear & bathers & towel if you want to swim •

what you can expect: an invigorating trek down to the river, believed to have resulted from an ancient battle between the sorcerer Mayadenawa and Indra the God sent from heaven to dispel him. Parts of the river bed have been devastated by local mining of sandstone and river trekking is a great way to show the local community there is benefit in preserving this sacred heritage. On this truly stunning trek, you can learn the story of Mayadenawa, explore natural pools and waterfalls. Weather permitting, feel free to take a swim in the cool rushing waters.



Please note wonderful guide

Nyoman can't swim:)... so

please be careful & he will

wait to guide you back up.









Local livelihoods & agro-tour

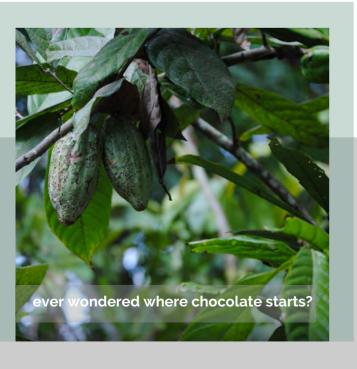
Interested in learning more about the behind the scene in the life of Balinese farmers? Join us for this wonderful opportunity to visit & learn about a local farming cooperative and visit an agritourism site that showcases a variety of indigenous Balinese productive plants.

where? in the villages surrounding Taman Petanu •

how long? about 2 hours, but up to you! •

what should I bring? water & sunhat .

what you can expect: we set off from Taman Petanu by e-bike or scooter (as you prefer) and make our way over to a local farmer's cooperative where several families are working together to raise cows, produce compost, and use the results to grow organic fruit trees (primarily papaya). Next stop is a local rice harvest processing facility. Following this, about a 10 minute ride, we will arrive a a local 'agrowisata' (agricultural visitors center) site where you can see, smell and taste a wide variety of indigenous productive plants in their habitat.



Agrowisata is a growing trend
in Bali and provides great
encouragement for people to
stay connected with farming.









Tegenungan waterfall trek

Love waterfalls? Well then this trek is definitely for you! Join us for a fabulous e-bike or scooter ride through our traditional Balinese landscape before being delighted by one of Bali's most stunning waterfalls just 15 short minutes away from Taman Petanu.

where? Tegenungan - about 3 km south of Taman Petanu •

how long? about 2 hours, but up to you! •

what should I bring? water & sunhat .

what you can expect: we will set off from Taman Petanu by e-bike or scooter (as you prefer) to one of Bali's most magnificent waterfalls, which is nestled in a beautiful natural landscape, overflowing with trees, vines and gorgeous green. Easy to access through well maintained stairs, this waterfall is a must see. At the base of the fall is a large rocky area to sit and enjoy the beauty around you - it's even suitable for a picnic and swimming! Although it is a lot of stairs down and then up, this is suitable for all ages from kids to adventurous adults.

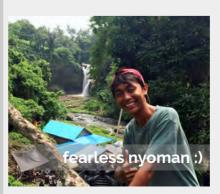


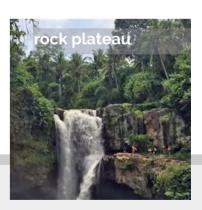
Please note wonderful guide

Nyoman can't swim :)... so

please be careful & he will

wait to guide you home.









Artisans & mask museum tour

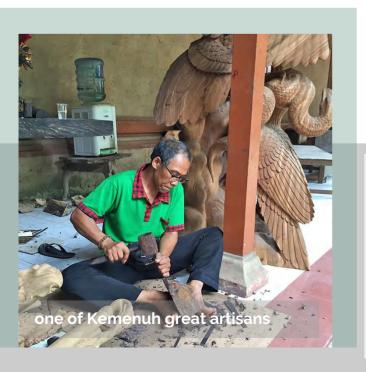
If you are a lover of the arts this tour is definitely for you! Join us for an e-bike or scooter ride through our traditional Balinese village of Kemenuh and meet some renowned craftspeople whose families have been developing the fine art of woodcarving for generations.

where? The carvers Villages of Kemenuh & Mas •

how long? about 2 hours, but up to you! •

what should I bring? water & sunhat .

what you can expect: we will set off from Taman Petanu by e-bike or scooter (as you prefer) to explore areas that have been known for their famous woodcarvers. Along the way you will see many woodcarving shops with artists working everyday creating true masterpieces. Meet artisans and see first hand their fine artwork, both small and absolutely massive, as it is being created. The mask museum is in the next village over, just 10 minutes down the road. Set on gorgeous grounds, there are a variety of traditional exhibits on display. Take as much time as you like exploring the incredible traditional and contemporary artisanry.



The museum has a gift shop & local artisans appreciate it if you are looking for a special momento of your visit.





